

# Hidden in Plain Sight

## The Cost of Imprisonment to Families

Families Outside Annual Conference  
Wednesday 16<sup>th</sup> November 2022  
The Studio, Glasgow

### Conference Chair

**Wendy Sinclair-Gieben**  
**HM Chief Inspector of Prisons for Scotland**

With a background in Criminology, Education and Healthcare management, she holds both a Bachelor in Education, and from Cambridge University a Master's degree in Criminology and Management.

Working in Scotland, Canada and Australia in the widely different but linked fields of Immigration, Prisons, Education, Prisoner Transport and Health; she believes her role as HM Chief Inspector of Prisons for Scotland is the culmination of her previous experience. Her role is to provide confidence that Prisons are contributing in the widest sense to a safer community and importantly influence improvements.

She believes it is important to use a holistic approach to reducing reoffending that recognises the influences of family, trauma, low levels of education, employment and chaotic community experiences. During her previous career with an international range of custodial and immigration services, she won numerous awards and recognition for her work in rehabilitation and reintegration.

Wendy thoroughly enjoys working in the justice sector and maintains that there is no other job with comparable satisfaction.



# Speakers

**Nancy Loucks OBE**  
CEO Families Outside



Prof. Nancy Loucks OBE is the Chief Executive of Families Outside, a Scottish voluntary organisation that works on behalf of families affected by imprisonment. Prior to this she worked as an Independent Criminologist, receiving her MPhil and PhD from the Institute of Criminology at the University of Cambridge, and in 2012 was appointed as Visiting Professor at the University of Strathclyde's Centre for Law, Crime and Justice. Nancy was awarded an OBE in the 2016 New Year's Honours List for services to Education and Human Rights. She co-chaired the Justice & Care Workstream for the Independent Care Review and the Independent Review of the Response to Deaths in Prison in Scotland; chairs the Board of the International Coalition for Children of Incarcerated Parents (INCCIP); and is a member of the Global Prisoners' Families Research Group at the Centre for Criminology, Faculty of Law, University of Oxford.

**Sarah Beresford**  
Prison Reform Trust



With a background in education, Sarah joined Families Outside from 2012 to 2015 to focus on improving support for children and young people with a family member in prison. Since 2016, Sarah has been an Associate of the [Prison Reform Trust](#). She has written several reports focused on women in prison, including [What about me?](#), which explores the impact on children when mothers are involved in the criminal justice system. Sarah is currently leading a project, funded by the [Churchill Fellowship](#), looking at the use of [Child Impact Assessments](#) for children with a parent in the criminal justice system to ensure children are listened to and receive the support they need.

Sarah is a Trustee of [LDCSA](#), a charity that provides accommodation and support to women leaving prison and an advisor to [Time-Matters UK](#), a Liverpool based support group for children with a family member in prison. Sarah is committed to ensuring children and young people are included in the development of resources to support them and is passionate about seeing the potential in people and enabling them to become their best selves.

**Linda Bendle**  
Chair of Families Outside



Linda is the Chair of Families Outside and is a family member of someone who has been affected by imprisonment. She is Head of Business Development & Operations at Heavy Sound, a community interest company which re-engages disengaged, disadvantaged young people through music, biking, sports and mentoring projects, as well as mentoring young people and adults involved in the criminal justice system. Linda is also on the board of Community Justice Scotland, Shelter Scotland and Recovery Coaching Scotland.

**Dr Briega Nugent**  
**Independent Research Consultant**



Dr Briega Nugent is an independent research consultant and over the past 17 years has worked for the government, private, academic and third sector. Briega will be presenting on a current study with Families Outside to understand the costs to families of supporting someone in prison and after they have been released. As part of a wider team she is also evaluating the Overdose Response Teams in Scotland being piloted in three different areas in Scotland.

**Jodie**  
**Family Member**



My name is Jodie, I am a family member of someone who was imprisoned. I have been supported by Families Outside for the past 18 months. I have faced many issues in this time, and they have been a constant go to throughout.

I am participating in this conference as I am keen to advocate change. I feel passionate about the work that Families Outside do, and that is why I am working along side them.

**Ian Duddy**  
**Chair, Scottish Human Rights Commission**



Ian is the full time Chair of the Commission, leading the work of the Scottish Human Rights Commission to promote and protect human rights in Scotland. He has two decades of experience in leadership and human rights.

Ian is a former UK Ambassador and was Head of the Human Rights & Rule of Law Department at the Foreign, Commonwealth & Development Office. He also led the UK team at the UN Human Rights Council in Geneva.

## Panel Members & Breakout Room Facilitators

**Jodie Gorman**  
Family Member



Hi, I'm Jodie, and I am a 4th year LLB Law student impacted by imprisonment. I have been involved with families outside for 6 years now, and over the years have participated in a number of their events. My main involvement with Families Outside, however, has been with their peer support group, Our Voice. Through this, we have been able to provide a safe space for children and young people to meet others in the same circumstances as them, and ultimately share their experiences with imprisonment.

**Kirsten Law**  
North Regional Family Support Manager, Families Outside



I have worked with children, young people and families for the last 16 years in a variety of settings, providing 1-2-1 support, family support, parenting groups and residential support. Over the years I have worked alongside care experienced young people, young carers, bereaved young people, young volunteers, young parents and families experiencing the impact of poverty. From a trauma-based position, whilst holding the UNCRC at the heart of my work I am passionate about ensuring that children and young people get the right support at the right time. In my current position as Regional Manager for the north of Scotland for Families Outside, I promote the rights of children and families impacted by imprisonment everywhere I go and hope that this is also reflected in the conference workshop.

**Catherine Haley**  
Senior Inspector, Healthcare Improvement Scotland



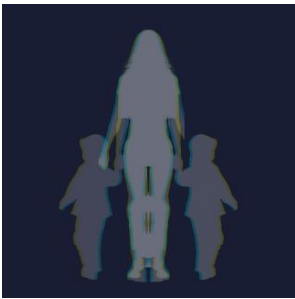
Catherine worked in clinical practice for 20 years as a registered mental health nurse before moving to Healthcare Improvement Scotland as an Inspector in 2014. In her role Catherine has quality assured strategic planning of Health and Social Care Partnerships and mental health services across Scotland. She was appointed as Senior Inspector for prisoner healthcare inspections in 2015 and is currently leading on the development of a framework to inspect healthcare within police custody centres across Scotland. Catherine has participated in several national reviews, such as the Review of Mental Health Services for Young People in Custody and the Independent Review of the Response to Deaths in Prison Custody.

**Amanda Corrigan**  
**Strathclyde Hidden Voices**



Amanda Corrigan is Principal Teaching Fellow in the School of Education at the University of Strathclyde. Along with a group of students, she established Strathclyde Hidden Voices Network in Summer 2020 as a way to amplify the voices of children and families affected by imprisonment.

**Janice**  
**Family Member**



I am Janice, 61 years old and a member of a family affected by imprisonment. A retired mother of three sons, granny of two granddaughters and one grandson and servant to one cat. I am currently a trainee pensioner, and I am 'working' hard to perfect my skills. I am keen on crafting and one skill I have acquired is collecting things for 'Future Projects'. (Crafter folk will get it). I have been involved with Families Outside for a number of years and have benefited from their support and guidance. They are a safe place to air concerns and receive information on a huge range of issues.

**Jennifer Ferguson**  
**National Prison Visiting Lead, Families Outside**



Jennifer joined Families Outside in 2018 as the Regional Family Support Coordinator for Stirling/HMP Cornton Vale and in May 2020 was appointed as the National Prison Visiting Lead.

Jennifer is responsible for the national co-ordination and development of new prison visitors' centres in Scotland; the provision of support to existing prison visitors' centres; and project management of Scottish Ministers funding for visitors' centres.

Before joining Families Outside, Jennifer worked within a local authority Criminal Justice setting for 11 years, and prior to this within a statutory homeless assessment team for 2 years. She also volunteered within her local Children's Panel for 10 years.

**Sarah Rogers**  
**Training & Development Manager, Families Outside**



Sarah is the Training and Development Manager at Families Outside, leading on development and delivery of training to external stakeholders. Prior to joining Families Outside, Sarah held posts as a Policy and Research Officer at Forces Children Scotland, and as an Information Officer for the Enquire service at Children in Scotland. Sarah studied at the University of Edinburgh where she obtained an Honours degree in Law, Diploma in Legal Practice, and an MSc and PhD in Social Policy. Sarah is passionate about children's rights, evidence-based policy and practice, and supporting all children and young people to reach their potential.

**Kerry Knox**  
**Head of Family Support Families Outside**



Kerry has supported and worked alongside families affected by imprisonment in a number of different roles at Families Outside for the last 14 years. Kerry, now Head of Family Support, brings a wealth of knowledge and experience to this post which enables her and the team to develop a service, in partnership with families, that meet their needs. Kerry is passionate about improving outcomes for families, including children and young people affected by imprisonment and sees the value of working in partnerships with universal services so they can understand how their role can support families who face challenges associated with having a family member in prison. Kerry believes that by adopting a rights-based approach, families should be able to access the support at the time they most need it from anyone they approach.

**Sam Jelf**  
**Support & Participation Manager, Families Outside**



Sam has worked with Families Outside for over four years, and has recently moved into a new role as Support & Participation Manager. Sam is an experienced Volunteer Manager and training facilitator, with a particular interest in communication and behaviours in the workplace. Sam is excited to take forward a new participation model for Families Outside. She is passionate about creating opportunities and mechanisms for families who are affected by imprisonment, to shape service delivery and influence policy and practice.

**Caroline Cooper**  
**Regional Family Support Coordinator, Families Outside**



Caroline came to Families Outside in 2016 and has been supporting families across the far north of Scotland and on Scotland's Islands ever since. Caroline has over 20 years' worth of experience of engaging with and supporting families whose lives have been impacted or effected by the justice system, addiction issues, poverty and / or discrimination. Having worked throughout Scotland as well as parts of the UK and New Zealand Caroline has seen a universal need for a family centred approach that has as its key listening to the needs of families and providing a platform for their voices to be heard.

**David Logan**  
**Family Member**



David is primarily interested in prison matters because he has a family member in prison. He is now retired and worked mostly in the public sector. He was previously a director of two charities. He is keen to see change in our prison system, moving towards, if not necessarily adopting in full, the approach of Norway where the loss of one's liberty is itself seen as the punishment and where other things are permitted if not inconsistent with that principle.

**Janine Bonner**  
**Regional Family Support Coordinator, Families Outside**



I've had experience in both volunteer and staff roles within the third sector over a number of years. My interest lies in using this experience & knowledge to empower people to ensure their rights are respected.

**Grace Gracie**  
**Regional Family Support Coordinator, Families Outside**



Grace Gracie has worked with Families Outside for three years as the Regional Family Support Coordinator for Glasgow. Her role includes providing 1-1 support with families and linking in with HMP Barlinnie and Glasgow statutory and voluntary organisations. With many years' experience, Grace enjoys working with people to enable them to move forward in their lives, providing the emotional support that underpins Families Outside work.

Grace recognises that the needs of our families can be invisible and is keen to have this situation changed by helping families to have their voices heard.

**Alison Gillies**  
**Welfare Rights Worker, Child Poverty Action Group in Scotland**



Alison is a welfare rights worker with Child Poverty Action Group in Scotland and has a particular interest in the impact of imprisonment on individual and family benefits, in addition to issues relating to looked after children, kinship care and care-experienced young people. She has many years of experience in welfare rights in both statutory and voluntary sectors. In addition, she spent several years working in criminal justice social work, which only served to heighten her awareness of the huge challenges faced by individuals and families affected by imprisonment.