



Families Outside are delighted to be hosting an in-person conference on Wednesday 16th November 2022, in [The Studio, Glasgow](#)

The families we support are often hidden and therefore do not receive the help they need when someone goes to prison. They are also often forgotten and excluded throughout the justice process, even though we know that imprisonment of a household member is one of ten Adverse Childhood Experiences (ACEs), known to have long-term implications for health and wellbeing. It is also estimated that 27, 000 children are affected.

This year our conference aims to highlight these families, the people who are hidden in plain sight and to whom the **cost of imprisonment** is significant. The cost to their **human rights**, the **emotional** and **social** cost, the cost to **children and young people**, the **financial** cost and the **health** cost will all be topics explored throughout the day.

This year we aim to raise the visibility of families affected by imprisonment. We need many more people across Scotland to help support this issue. If you are a family member or friend affected and/or a professional working in justice, judiciary, education, health, youthwork, children and families, financial sector, human rights, housing, or community development then this conference is for you.

Our speakers, panel and breakout rooms will look to explore the topics below and discuss the solutions and potential actions required to improve outcomes for families.

1. The financial cost

This topic will highlight our financial impact of imprisonment to families research findings. It shows that families on average spend more than half their income supporting someone in prison without adequate help or support. This often mean families go without the basics.

2. The social cost

This topic will highlight the social costs to families, the stigma, discrimination, and exclusion they face. The impacts this then has on relationships, employment, and life more generally.

3. The health cost

This topic will highlight the concerns families have for the people they support in prison not receiving their basic right to health whilst in prison. It will also explore how imprisonment of a household member is one of ten Adverse Childhood Experiences known to have long term implications of health and wellbeing for the families left behind.

4. The cost to human rights

This topic will look to frame the work and topics through a human rights lens. Basic human rights for those in prison and their families are often breached and we need to frame these as rights issues and call for action to mitigate it.

5. The emotional cost

This topic will look to explore the ongoing ripple effect and emotional cost to families. It will cut across all our themes, in terms of relationships and wider impacts and highlight how having a family member in prison can take an emotional toll on the people on the outside.

6. The cost to children and young people

This topic will explore the cost imprisonment has on children and young people and how when a family member goes to prison their rights can often be breached. We will look to highlight the importance of considering the impacts on children and what can be done to support them.